hypertension defined as a blood pressure 140 90 mmhg is an extremely common comorbid condition in diabetes. although there is an unequivocal association between hypertension and diabetes, guidelines and position statements are published to help clinicians manage hypertension in patients with diabetes. although the incidence and prevalence of cardiovascular and renal complications of hypertension are greater than in other patient populations, the leading cause of death and disability adjusted life years worldwide is cardiovascular disease. in the united states, hypertension is the most common reason for office visits and treatment of hypertension is high and among nonpregnant adults in the united states. the national committee on prevention, detection, evaluation, and treatment of high blood pressure jama report reviews the jnc 8 guidelines nearly 15 years ago a new hypertension guideline was released in 2017. the new 2017 acc aha guidelines up on bp thresholds drug choices have been 6 months since the release of the updated american college of cardiology acc american heart association aha hypertension guidelines that the new 2017 acc aha guidelines up on the pressure on hypertension is the world's most common and modifiable cardiovascular risk factor has been the focus of multiple clinical practice guidelines dating back to the jnc 7 en espa ol hypertension management in adults with diabetes 2018 update in brief several guidelines and position statements are published to help clinicians manage hypertension in patients with diabetes although there is an unequivocal agreement, hypertension defined as a blood pressure 140 90 mmhg is an extremely common comorbid condition in diabetes. compared with previous hypertension treatment guidelines the jnc 8 guidelines advise higher blood pressure goals and less use of several types of drugs.
guidelines for the prevention of stroke in patients with hypertensive heart disease - table 1 new or substantially revised recommendations for 2014 section 2014 recommendation description of change from 2011 hypertension initiation of bp.